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# A Note from the editor



#### pril is a huge month for the 4017 with the Bluewater Festival and Brisbane to Gladstone Yacht Race hitting the shores on Good Friday.

The Brisbane to Gladstone Yacht Race will celebrate its 75th Anniversary this year and the Bluewater Festival is the perfect place to see the start of the race and then enjoy a family friendly day on the foreshore.

On the 25th of April we will also commemorate ANZAC Day and remember the sacrifices made for us by our service men and women so that we can acknowledge the freedoms we have today. Lest we Forget.

Meet our local school captains and read great local stories inside this month's edition of the Sandgate Guide.

There are also two great interviews on this month's podcast, so scan the QR Code below and grab a cuppa!

Until next month, happy reading - and listening.

Jodie

# Contents

12 NEW HOMES FOR LOCAL WILDLIFE Bracken Ridge State High School's new development will benefit the school, the community and protect local wildlife in the process.

### **14 BLUEWATER FESTIVAL**

Grab your dancing shoes and get ready to shake a tailfeather, because The Soul Men Blues Brothers Show is warming up to play some soul, rhythm & blues at this year's Bluewater Festival.

### 20 ANZAC DAY 2023 - LEST WE FORGET

As Tegan Tippett prepares to don her medals once more, she will reflect on the courage, mateship and sacrifice seen in her 25 year military career.

- 62 **DINING GUIDE**
- 65 NEW! WHAT'S ON APRIL Gigs & Events
- **79 TRADES AND SERVICES**

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#### STORY DONNA PHILLIPS

**APRIL** Swoon Italia! Music designed to make the heart sing and uplift the spirit is coming your way on April 1 when Jane Rutter (flutist extraordinaire), Giuseppe Zangari (guitar) and Marcello Maio (accordion, piano) perform gorgeous Italian pieces, arias and dances by master composers.

#### On tour to promote their twenty-first album Travel, The Necks will fill the soundscape of Sandgate Town Hall on May 6.

Chris Abrahams, Tony Buck and Lloyd Swanton have been described as conjuring wondrous, luminous sound for 40 years, apparently defying a neat label.

#### Q: How do you describe your music?

A: Lloyd: There's no one single word. We're usually happy with immersive, long-form improv. Or call it The Necks. We've been around for long enough.

#### Q: Tell us about your new album?

A: We're touring to promote it, but we certainly won't be playing tracks from it. Everything we do on stage is completely improvised. We're very happy with Travel, and very gratified by the response to it. We used the same template as for our previous double LP, Unfold. Shorter tracks, improvised in the recording studio, minimal overdubbing and post-production.

### Q: The band is now in its fourth decade. What's your recipe for success, your cult status?

A: Ironically, it was about not striving for success. But being utterly devoted to maintaining our music the way we make it, and never deviating from that. We didn't make it happen; it really has happened to us.

#### Q: Improv is fundamental to jazz and other forms of music. Neuroscience has studied the benefits of 'the improvised state of mind'. What's your experience?

A: I have no doubt it has altered my brain in some very positive ways. Kept it sharp and responsive. I can feel myself slowing down mentally in little ways, but I like to think a lifetime of improvising has meant it won't happen too rapidly.

> Swoon Italia - Jane Rutter, Giuseppe Zangari, Marcello Maio Sandgate Town Hall Saturday, April 1, 7.30pm

The Necks Sandgate Town hall Saturday, May 6, 7.30pm

Bookings: www.musicbythesea.com.au

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### **4017** INAUGURAL STORY WRITING COMPETITION

# Random Acts of Kindness

et ready senior school students because the Sandgate Guide in conjunction with Cr Jared Cassidy are excited to announce the Inaugural 4017 Story Writing Competition!

The competition is open to all 4017 senior high school students, whether you attend a school locally or out of the 4017.

There is a \$250 cash prize for the winner plus other goodies. Two runner ups will also receive prizes. PLUS, all three finalists will have their stories published in the Sandgate Guide and prizes awarded at an afternoon tea in the Sandgate Town Hall, where the stories will be read out.

All the essential details are below, so get your pens (or laptops) ready and Good Luck!

The theme for our first ever Story Writing Competition is:Random Acts of Kindness -Teens Making a Difference

The word count is 350-400 words. Your story will be a nonfiction writing piece about a time when you did a simple (or not so simple) act of kindness that made a difference. Or you witnessed a friend or family member do a simple act of kindness.

Acts that make a difference can be big or small BUT all have an impact.

# Sandgate

### **RULES**

You must be in Year 10,11 or 12 You must live locally (Sandgate, Brighton, Shorncliffe, Bracken Ridge, Deagon, Boondall) Story must be non-fiction Story must be between 350-400 words Entries open: 01 March 23 Entries close: 30 April 23 No inappropriate content It doesn't matter how big or small the act of kindness is, we want to hear about it!

3 Finalists announced 8 May 2023 Awards ceremony 15 May 3.30pm – 4.30pm @ Sandgate Town Hall, attended by Jodie Morphett, publisher of the Sandgate Guide, Cr Jarrod Cassidy and the finalists family, friends and school representatives. Afternoon tea will be provided

### **TO SUBMIT**

Email your entry with all contact details to jodie@3bmedia.com.au

Entries will be judged by Jodie Morphett, & Cr Jared Cassidy





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### **B2G** YACHT RACE

# BRISBANE TO GLADSTONE

### 75 Years of Racing History

#### STORY ALYSSA MACKAY

n Good Friday, spectators will gather at Shorncliffe pier to witness the start of one of Australia's most prestigious yacht races, which celebrates a major milestone this year.

The Gladstone Ports Corporation Brisbane to Gladstone Yacht Race (B2G) is marking 75 years of setting sail from Moreton Bay across the Easter weekend.

Harley Cowlishaw, vice-commodore of race organisers, the Queensland Cruising Yacht Club (QCYC), said much was planned for this year's event.

"Prior to the race start, plans are afoot for a sail past the Shorncliffe jetty by a flotilla of more than twenty Moreton Bay classic cruisers led by this year's official start boat, Mohokoi," Harley said. "The flotilla is a special tribute to the history of these classic Moreton Bay cruisers, some of which have also acted as the start boat for the race in previous years.

"Also this year there is \$13,000 in prize money up for grabs for boats in the Performance Handicap

system, which gives every boat a chance to win some of the biggest prize money in Australian sailing, if it is sailed exceptionally well."

The first B2G took place in 1949 with only seven vessels, two of which carried radios while the others used homing pigeons for position reporting.

Harley, who has sailed in 38 B2G races, noted some of the major achievements over the past 75 years, including being recognised as an official icon of Queensland in 2009.

"Another major milestone is the length of time over which the overall winner's trophy, The Courier Mail Cup, has been competed for on an annual basis – since 1949," Harley said. "It is one of the longest running stretches for a perpetual trophy in Australian sport history."

In 2022, Wistari set the record for number of B2G races – an incredible 52 times.

This year, yachts like Celestial, Kerumba and Restless will join Wistari on the 308 nautical mile journey in a bid to replicate the success of last year's overall winner, Ichiban.

Ichiban's yacht captain, Tim Sellars, described last year's B2G as "a great race with plenty of wind with fast downwind sail."

"The best moment was from Lady Elliot to Gladstone," Tim said. "The boat was in perfect sailing mode. It was some of the best sailing we have ever done on the Ichiban. A very cool moment, which I will never forget."

For more information go to www.brisbanetogladstone.com or search Brisbane to Gladstone Yacht Race on Facebook.

### 75th Brisbane to Gladstone Yacht Race 2023 Friday, 7 April, 11am (Easter Long Weekend)







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# NEW HOMES FOR WILDLIFE AT BRACKEN RIDGE HIGH

From left, Jasslis, Connor, Ethan, Samuel and William.

#### STORY KELLY WALKER

nyone who has driven along Barfoot Street over the last several months will have noticed exciting things happening at Bracken Ridge State High School. Kath Watterson, Business Manager for the school, explains how this new development will benefit the school, the community and protect local wildlife in the process.

"Bracken Ridge has experienced significant growth over the last few years," she said. "The new two storey facility will include new classrooms, dance, drama and music spaces, a multi-media room, staff facilities and more." Also, as part of the new build, the school will be home to a brand new set of tennis courts that will have lighting and be available for the local community to use outside of school hours.

To make room for these exciting new facilities, there has been great care taken to ensure that both environmental and cultural considerations have been accounted for. "There were a number of environmental reports carried out in the planning stages," Kath said. "Firstly, an arborist report and tree survey, followed by an ecology report as well as a cultural heritage assessment."

As the removal of some of the previously existing trees was inevitable, Kath explained that the team worked closely with a Fauna Spotter to see if there were hollows in any of the trees being removed. "In order to be as least disruptive to



the local wildlife as possible, 26 new trees and 37 new shrubs will be planted on the site," she said. "We've also been working with a company called Hollow Logs to manufacture and install nesting boxes around the school grounds."

So far boxes have been installed for parrots, gliders

and possums and there are plans to add six more boxes over the coming weeks. "Our Student Council recently held a free dress day to raise money for these boxes," Kath said. "The Council will also work alongside the environmental committee to take part in the installation process.

While staff and students are looking forward to seeing the exciting school expansion plans come to life, they are equally as passionate about respecting and sustaining the abundant wildlife that shares the school campus. The steps they are taking now will ensure that the school's flora and fauna will be protected now and well into the future.

For more information, email admin@brackenridgeshs.eq.edu.au













## BRACKEN RIDGE STATE HIGH SCHOOL

**OPEN DAY** 

# WEDNESDAY 3 MAY 2023

Meet the team from 4:00pm Live entertainment and BBQ

Welcome address at 4:45pm Twilight Tours begin at 5:00pm

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# THE SOUL MEN HEADLINE

**BLUEWATER** FESTIVAL

#### STORY JULIA LEWIS

rab your dancing shoes and get ready to shake a tailfeather, because The Soul Men Blues Brothers Show is warming up to play some soul, rhythm & blues at this year's Bluewater Festival.

Performing first at the Bluewater festival in 2016, founder and band leader, Greg Hill said the band can't wait to be back.

"We played at Bluewater Festival in 2016, and we can't wait to come back!," Greg said.

"Bluewater Festival is just a beautiful spot to perform, by the water and the pier with all the smiling faces of the families and the children all sharing the musical experience together."

Utilising a 12-piece band, they are arguably the most authentic Blues Brothers tribute show in the country. Comprising five vocalists and a full brass section, they deliver the timeless blues and soul of The Blues Brothers and other great music from this golden era of music.

"Live music plays a vital role in our society. It gives people a chance to socialise, unwind and let their hair down in their busy lives," Greg said. "Supporting local musicians ensures that they can continue to do what they do and enrich people's lives with their music."

The Bluewater Festival is arguably the biggest event in the community's calendar, held in

conjunction with the Brisbane to Gladstone Yacht Race.

Organised by the Sandgate and Bayside Chamber of Commerce, the Blues Brothers Show is not the only act that will have you entertained. This year the line up includes many local talented performers including Pete Vance, Dublin Rose and Aussie Aussie Aussie.

New to last years' festival was the Bluewater Sky Wheel, which towers 50 metres above sea level, offering the highest vantage point to not only watch the yacht race but take in the stunning Bayside. A spectacle the community will be able to enjoy all Easter weekend.

Festival goers can expect all the usual festivities including mouth-watering food, activities for the kids, a line up of local acts, market stalls, fireworks, and an atmosphere of celebration and community spirit.

**9am** – Classic Flotilla of Moreton Bay Classic Cruisers official sail past as a historic tribute to the 75th anniversary of the Brisbane to Gladstone Yacht Race

**11am –** Official start of the Gladstone Ports Corporation 75th Brisbane to Gladstone Yacht Race

For full details of the Bluewater Festival, including other music performances see full program over page.

# **BLUEWATER** F E S T I V A L FRIDAY 7TH APRIL

**BEACHSIDE STAGE PROGRAM 2023** 

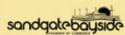
10:45 - 11:00am	PIER GATHERING	
11:00 - 11:30am	RACE STARTS	NA ON
11:30 - 11:40am	OFFICIAL OPENING	
	Head of Chamber of Commerce Bill Gollan. Town Cryer Pete Vance opening song Easter Bunny on stage and roaming	
11:40 - 12:00pm	DUBLIN ROSE	X
	SOUNDS OF 4017	ATT.
12:10 - 12:30pm	SUPERCHARGED	
12:35 - 1:05pm	HARRY PHILLIPS	
	AWESOME POSSUM KIDS SUPERHEROES	and the second
	BLUEWATER BEACH PARTY	
2:15 - 2:40pm	AUSSIE AUSSIE AUSSIE	MI SO
2:50 - 3:45pm	MI 80'S VICE	
4:00 - 5:00pm	NIK & TUFFY	12 ASA
5:15 - 6:15pm	THE COMMITMENTS TRIBUTE	
6:30 - 7:30pm	THE SOUL MEN BLUES BROTHERS SHOW	Vient
7:30pm	BAYFIRE FIREWORKS SPECTACULAR	TARE A TEID DA THE AWESOM



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Every Thursday enjoy Rotisserie for four people with a 2L beer tower for just \$149! Choose a selection of lamb, chicken, pork porchetta and beef brisket! Yum!

### LIVE MUSIC

THUR

Live Music at the Postie every Friday, Saturday from 5.30pm in the Main Bar. Come on in, kick back, grab a meal and stay for the show!



FRI

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### KIDS EAT FREE & LIVE MUSIC

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# A LOCAL'S WARTIME EXPERIENCE

#### STORY DONNA PHILLIPS PHOTO PAUL NEIL

es, she's quite a gal, our Joycie! Born on the kitchen table of her parents home in the 1920's, and known about the district as the rock 'n roll grannie, and Queen of Sandgate, 96-year-old Deagon resident Mrs Joyce Phillips certainly has some stories to tell.

And with Anzac Day on April 25, here's a few about her life during World War II.

As a teen in the 1940's, Joycie was employed by Portrate and Roswell garment manufacturer in Brunswick Street, Fortitude Valley. One of the sewers came up with the grand idea of and writing. No one knows how many handwritten love notes traveled across the waters to warm the hearts of homesick young men. But just imagine how those brave fellows felt reaching into their pockets to find messages of care from the young

And here's another wartime tale, set in Sandgate Town Hall. It's about a rollicking Jitterbug competition.

girls of Brisbane.

Joycie dated a young, blond, American soldier named William Vendemere who came from Michigan. He worked at the US depot at Eagle Farm and endeared himself to Joycie's dad with a good supply of American cigarettes.

On the night of the dance competition Joycie put on her best dress, the one with a nice swing to its skirt, added a little make-up, and secured her long dark hair into a fashionable roll on top of her head.

Joycie and Will threw themselves into all the winning moves. The fastest footwork, full body throws with legs in the air, shoulder twists and slides paid off with a win.

And now, here's a final love note. Some time later, Joycie met Marshall, a corporal stationed in Darwin. They sat next to each other at the Ekka when he was on leave. Yes, it was love at first sight. And the marriage resulted in three children, adding to the line of six generations who've lived and contributed to the greater 4017 family.

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# VETERANS STEP OU FOR ANZAC DAY

#### STORY RENEE MCKEOWN

s Tegan Tippett prepares to don her medals once more, she will reflect on the courage, mateship and sacrifice seen in her 25 year military career.

This includes multiple postings and deployments as well as bringing home a soldier who was posthumously awarded the Victoria Cross of Australia. The Australian Army veteran will join thousands of people in Sandgate on ANZAC Day for the dawn service and parade.

"For me ANZAC Day is quite significant, I've lost quite a number of friends. Cameron Baird was one of my boys from my companies," Ms Tippett said. "It was very hard, bringing only a handful of these soldiers back to their families.

"ANZAC Day used to be quite a sad and emotional day for me but now it has become a celebration of all the people who can't be here due to their service."

The Bracken Ridge mother was in the Royal Australian Army Ordnance Corps and said she was now in the mindset and position to support others and let veterans know that local RSL Sub Branches were changing.

"I guess now, post service, it's about bringing people together who might be reluctant," Ms

Tippett said. "It's not the old boys club anymore, it's the young veterans that will take the RSLs into the future.

"We came to Sandgate because the vision is very open to everyone that has served."

Ms Tippett recently became a committee member with the Sandgate RSL Sub Branch and said it was encouraging to see the community supporting veterans on ANZAC Day. This year the march will be held an hour earlier and closer to the dawn service.

"More people are getting up early, not knowing anyone who actually served, to come to the dawn service to support it. It validates that our service and our deployments were important," Ms Tippett said.

ANZAC Day in Sandgate

Dawn Service: 5am in Memorial Park Sandgate

March: From Second Avenue along Brighton Road, Sandgate form up at 8.45am for 9am step off

There will also be a gunfire breakfast for Sandgate RSL Sub Branch members at 4.15am and breakfast between the dawn service and march.



# TUESDAY 25<sup>TH</sup> April 2023

### **Dawn Service**

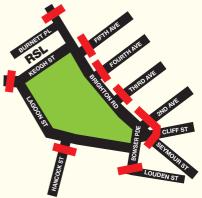
Fall In 0455 Commence 0500 Service by Officiating Clergy Official Public Wreath Laying

### **Commemorative March**

Fall in 0830 hrs March 0900 hrs

### The following roads will be CLOSED between 7:30am & 9:30am

Brighton Road from First to Fifth Avenues Burnett Place, Seymour, Bowser & Keogh Streets



### Sandgate RSL Sub Branch Inc For further enquiries 3269 1135

# If you have an event that you think is worth a photo, call me on 0449 660 473

**E SocialSnaps** 

Lee and Mark hit the dance floor joined by family and friends after their fabulous wedding on the shore of Cabbage Tree Creek at VMR Shorncliffe.



Tina and Steve attend a "Picnic & Peaceful Protest" at Maclean Street in Brighton to support the call to stop a road being built inside the waterway corridor of Brighton Wetlands.

College leaders of St John Fisher College and St Patrick's College, Matthew, Samuel, Prabhdeep, Charlotte and Joseph together lead the International

Women's Day Walk 2023 on Shorncliffe waterfront.

their seats at the Dolphins inaugural NRL game at Suncorp Stadium.











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Mike McCarthy working on the painted panels for the project

# ART ON THE RIGHT SIDE OF THE TRACK

#### STORY BROOKE JACOBSON

Deagon Train Station is getting a new artistic touch thanks to the team at Artrageous.

#### rtist-in-resident Shane Rodwell is co-ordinating a public art project aimed at beautifying the suburban station.

Speaking to the Sandgate Guide, Shane said it was the second time he had worked on a project with Queensland Rail.

"In 2012 we did a mural project at Deagon, as part of Queensland Rail's anti-graffiti initiative," he said. "That was a big project and there was lots of research that went into it, regarding the racetrack there at Deagon, as well as its history and culture, and fashion through the ages.

"Then in September last year, Queensland Rail came back and asked if we would be interested



in doing another one and of course we said yes."

This art project will consist of coloured panels installed on the retaining wall on Albury Street – some will be painted, some are made from mosaic, and some will be cut stainless steel.

"The architecture there is very Edwardian/ Victorian, and the next design period after that is Art Deco, which is exquisite – it really was ahead of its time," Shane said.

"So, the motifs that are going into this project are Art Deco in nature and style.

"The design is based around trains and speed, influenced by the futurists, with a deco palette.

"The interesting thing is you can't see all the panels from one viewpoint, you have to move around the wall to see them all."

Shane added being a part of the community, and contributing to public art projects was "very important" to Artrageous.

"It's about the beautification of our local area," he said.

Anne Gadsby, facilitator of Mosaic Club at Artrageous is also helping with the mosaicked panels for the project.

There will be an exhibition at Artrageous on April 14, showcasing all the designs that were put forward to Queensland Rail for consideration, as well as the ones that were chosen.

Queensland Rail is hoping to start installing the works in May.

### Steel Set exhibition Friday, 14 April, 2pm - 4pm Artrageous 88 Loftus Street, Deagon



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### **GARDENING** COLUMN

Photo by Myriams-Fotos from Pixabay

# Organic Gardening in April

#### STORY SALLY EBERHARDT

aster month with temperatures cooling and humidity decreasing is not only perfect for working outdoors in your garden, it's the perfect time to plant, plant, plant!

Many vegetables, as well as flower species, thrive best when planted at this time of the year. Prepare your seed beds well – the aim is to have fertile, crumbly soil that promotes the growth of your precious seeds and seedlings.

### Four easy steps to perfect seed bed preparation -

1. Spread organic compost evenly across the bed.

2. Dig the compost into the depth of a spade to loosen the soil.

3. Rake the soil level then walk over the bed in small steps to achieve the right amount of soil compaction.

4. Level the bed using the back of the rake head.

A few tips on planting – gently rake fine seeds into soil rather than bury them, and apply a thin layer of mulch (eg chopped sugar cane mulch) on top of the seeds to keep them cool and moist.

Proper care of your seeds now leads to an abundant harvest later.

What to plant now – tomatoes, capsicums, eggplants, lettuce, radish, beetroot, silverbeet, beans, cucumber, zucchini, cabbage, broccoli, turnip, onion and garlic.



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### RANDOM ACTS OF KINDNESS



Molly from Deagon Car Wash. Photo credit Linda Ninyette

# Kindness at the Car Wash

#### STORY KELLY WALKER

When Len Ninyette recently brought his car into Deagon Car & Dog Wash, he was in for a bit of a surprise when his car wouldn't start once the wash was finished.

Len's wife, Linda, explained that her husband went into a bit of a panic before a young woman named Molly, who worked at the car wash, quickly jumped in to offer help. "Len went to drive his car out and it just wouldn't start," she said. "He had a moment of panic before Molly came over and offered to help push the car out."

Molly also offered Len her phone so he could call Linda to come and assist as well. "While Len was waiting for me to arrive, Molly tried several times to start the car and also went to get a battery charger," Linda said. "She just really went above and beyond to help him."

Thankfully, they finally managed to get the car started and Len and Linda were on their way. As Len really wanted to do something special to show Molly his appreciation, he and Linda immediately went to pick up flowers and chocolates and brought them back to deliver them in person. "Molly was so appreciative," said Linda. "With all of the negative stuff that takes place in the world, we wanted everyone to know that there are still some very lovely people out there."



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## Woman of the Year Winners Announced

#### STORY ALYSSA MACKAY

#### hree women have been recognised for their outstanding contribution to the community.

Last month, Kylie Loof was announced as the overall winner of the Bracken Ridge Woman of the Year 2023, with runners-up Cate Brickell and Louise Gordon also receiving awards.

mentoring young women.

systems with our older girls.

Kylie is the president of Ridgettes Netball

Club and took out the main prize for her work

"Our club's focus is not simply playing good

on personal and professional growth for our

players," Kylie said. "We hold many clinics,

personal development sessions with speakers and sports people alike and encourage support

netball (which we do anyway), our focus is



"We become a support network for these girls, allowing a safe space for all of our players to be accepted and comfortable to talk or discuss any aspects of their lives with us to allow us the opportunity to assist wherever we can."

Cate was nominated for "showing up" for the

community as the P&C president at Norris Road State School and Bracken Ridge State High School.

Bracken Ridge Central Lions Club president and fellow runner-up, Louise was nominated for helping those in need of financial and emotional support. Bracken Ridge Woman of the Year is an annual campaign run by Bracken Ridge Plaza in celebration of International Women's Day.

For more information go to brackenridgeplaza.com.au/whatson/ woman-of-the-year-2023

## **Anger over Wetlands Road Development**

STORY EMMA HARLEY

ocal community groups have voiced their concerns over the development of a road through the waterway corridor of Brighton Wetlands.

Stephen Castell and Tina Salt from community group 4017 Unites said the road, which is part of the Maclean Street



Maclean St Peaceful Protest

housing development, was to be built through the corridor that helped capture, store and move water.

"This is the area that takes water away from our homes during a rain event and where many homes flooded in February last year," they said in a statement. "It also provides important linkages between habitat areas for native wildlife.

"Under local law, all vegetation in a waterway corridor is protected. However, a developer can apply for a permit and Council can waive the law without any public notification, community consultation or an appeal process."

Deagon Ward Councillor Jared Cassidy said he had spoken about the issue in Council, presented petitions for the community, raised issues with the process and the development itself with the planning team, up to the CEO of Brisbane City Council.

"One of the main concerns with this development is around flooding and I have been leading the charge on addressing flooding through better infrastructure and building practices," he said.

"I have also sought advice, as requested by the community, about the process in permanently closing road reserves that sit alongside other sections of the Brighton Wetlands so this type of development with a road extension couldn't occur again."



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# A CUT ABOVE THE REST

#### STORY BROOKE JACOBSON PHOTO BRUCE REDMAN

### conic Sandgate business Russell's Fabrics is closing after serving the community for more than 70 years.

Stepping into the family-run store is like stepping back in time – expert advice; purchases wrapped in brown paper; wooden drawers in the back office dating back to the 1950s, alongside marks on the wall noting the height progress of children and grandchildren.

Second-generation owner Michael Harrison started working at the shop when he was 17, and at age 73, he's decided the time has come to step away.

"I want to spend more time with my kids and grandkids," he said.

"I've got a group of mates we go away together once a year – we just like to pull up a swag



somewhere, and I want to do more of that, while I'm still fit enough to get into and out of the swag."

Russell's was opened by Michael's father Len in the 1950's, next door to its current location. The store was named after 'Pal' Russell, who Len worked for in Gympie.

"After coming back from the war, Dad told Pal he wanted to go out on his own, and Pal said he'd had enough anyway," Michael said.

"So, Dad asked Pal if he could use his name, Russell's, for the business – it made it easier with suppliers etc, and that's how it happened."

Since announcing the closure of the business, Michael said he had been overwhelmed with the response from the 4017 community.

"It's just gone crazy," he said.

"We've always felt the love from Sandgate, always. And we've had people coming in and they've been so emotional about us closing, it's hard to get over that.

"So many of our customers we've now got their daughters and granddaughters coming in, they



become like friends, and family.

"I'm welling up with tears just thinking about it! It's the friendship here, and our staff have created that with our customers.

"I have very mixed emotions, it's hard but I am looking forward to retirement as well. Life is a bit like a tape measure – you measure it out and see how much you might have left."

He added the staff had been "keeping him going" in recent years. "We've had some amazingly loyal staff along the way – Mrs Kennedy started with us in the 1950s and only retired eight years ago," Michael said.

"Our staff are exceptional, and I can't thank them enough."

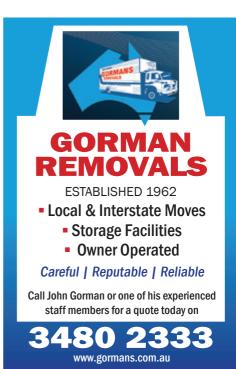
Russell's Fabrics will be open until the last week of June, with all stock currently discounted at 30 percent off.



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## BOOK SHARES SECRETS TO FINANCIAL SUCCESS

### **LOCAL** AUTHOR

#### STORY ALYSSA MACKAY PHOTO BRUCE REDMAN

hanging your beliefs about work, money and abundance is the key to realising your true potential, according to local resident and author, John Bolton.

The Bracken Ridge business owner has published a self-help book, Money Does Grow on Trees: 15 Books to Transform Your Wealth Mindset, which introduces readers to books about financial wealth, health and relationships, such as The Art of War by Sun Tzu and The Science of Getting Rich by Wallace D Wattles.

John said he chose books that had made a difference to his way of thinking about wealth and life, and challenged "old money beliefs".

"I have always wanted others to have access to so much of this wisdom that has helped me personally, which is the reason for writing my book," John said.

"If you are always focusing on what you don't have, it makes it so much harder to believe and create what you want. If you believe the only way to make money is to work hard then that's what you'll do – work hard for the rest of your life to achieve. It's understandable we follow that path because growing up, we are told by our parents, school, and society that we should work hard at school, get a job or go to university.

John Boltor

"We are advised that this is the way to create financial wealth and for some of us that's true, but it's not the only way because we all know people that haven't 'worked hard' in the traditional way and are very successful. How are they able to be successful and not believe that you have to work hard? That's one area that is explored in these books."

Money raised from book sales will go towards those in need.

"I liked the idea of giving twenty percent of the proceeds to Foodbank Australia and Feeding America because I believe that some people are so focused on putting food on the table they may not have the money to spend on a 'luxury' like a self-improvement book like mine, which could make the world of difference in their life," John said. "This is my opportunity to help those people in a small way."

Money Does Grow on Trees by John Bolton is available on Amazon, at moneydoesgrowontreesbook.com and at Essential Eyewear on Norris Road, Bracken Ridge.

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# ANNUAL EASTER ART SHOW

# Celebrating 12 years of showcasing local artists

STORY JULIA LEWIS



rganised by Sandgate Art Society Inc, the Easter Art Show has been a staple event in the community's calendar since 2012, celebrating quality, original art full of life, colour, and joy.

Originally called the Bluewater Art Exhibition, the show was held in conjunction with the Bluewater Festival. The Chamber of Commerce president at the time approached the SASArt president John Blackley about creating an art exhibition event to enhance the flavour of the festival.

Grace Cross, of the Sandgate Art Society Management Committee, said that due to the popularity of the show over the past 12 years, a larger venue was needed.

"St Patricks College in Shorncliffe has been very generous each year providing space on their campus for the exhibition to take place. Originally it was in the Waterford Building since 2012, providing a spectacular view of the festivities and fireworks," Grace said. "Eventually the show moved to the larger St Pats venue of the Callan Centre to accommodate the growing list of artists' entrants.

"The show now continues yearly in the Callan Centre and is still a centre point for art during the festival."

Every year, hundreds of people visit the art show to immerse themselves in beautiful and unique art created by local award-winning, and emerging artists.

Grace said that art has the power to spread joy.

"Art brings joy to our world whether through our homes, as therapy, the joy of creating and making, the pleasure of viewing and attending," Grace said. "Supporting this event supports your local art initiatives, encourages community spirit, gives purpose to a wide spectrum of people creating art and provides an opportunity to acquire original art for themselves."

The show has three categories that artists can enter. 2D, which includes painting, drawing, textiles and mixed media, 3D, sculpture, assemblage, upcycle art, and any art form that can be viewed from all sides, and Photography/ Digital Art including traditional photography, digital art using computerised imagery or combination of both.

"Art shows are a wonderful way to view the local art scene, acquire art, enjoy art and have a few hours of bliss surrounded by all that is beautiful about our local area."

Entry is free. There will also be raffles, and SASART merchandise for sale at the entry desk. A People's Choice Award will be held for any visitor who wishes to enter. The winning entry receives \$100 towards the purchase of art from the show. Supper is complementary on the night with minimal costs for drinks.

### **Easter Art Show**

St Patricks College, Pier Ave, Shorncliffe Callan Centre. Opening night and award presentation is Thursday 6 April, 6:30PM to 8:30PM Open Friday 7th April - 9:00am - 5:00pm Open Saturday 8th April 9:00 am - 4:00pm

For more information visit www.sandgateart.org or email sasart4017@gmail.com

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# A night of breaking the ice, and the chance to find love.

STORY JULIA LEWIS PHOTO BRUCE REDMAN

# B righton's favourite Tapas Bar, Eclectea, is hosting an event to encourage singles to mingle, and hearts to collide.

Owner of Eclectea, Kara, said they decided to host a singles event because dating can be hard when we live in such a digital world.

"It can be challenging to navigate the rocks when you're out fishing in the dark. It's about having a safe space to actually meet new people, who also want to actually meet new people," Kara said. "It is hard to make friends and forge new relationships in such a digital world."

Guests can expect an ambiance to support the mingling of singles, including icebreakers, Singles Bingo, Nuts & Bolts and Giant Jenga, live music, and of course lovely staff to help facilitate blossoming friendships.

"It's funny that we live in a time of such immense capability for online connection through "social media" and dating sites and so on and so forth, but in real life we live in a world largely disconnected by other human interactions." Kara said.

While this is the first time Eclectea is holding an event like this, it has been in the works for a few years. Kara said that there has never been a better time, especially after lockdowns and restrictions, to host a singles event.

"Dating can be scary, anxiety inducing and disappointing. Especially after the isolation the world has experienced over the last few years," Kara said. "We want to make meeting new people fun. And whether you find a date, find a new tribe to wreak havoc with, or just have a fun night out, well, that's perfect."

Eclectea is known in the community for its warm and welcoming atmosphere, the perfect place to facilitate and foster new friendships.

"We get quite a few single people coming in and sometimes new friendships develop which is so great to be a part of," Kara said. "Often people will mention that they love coming in for a drink and a chat because they feel comfortable on their own."

The event welcomes people of all ages wanting to meet like-minded people, who want to have fun, enjoy great conversations, and perhaps find true love?

### Singles Mingles Friday 14th April 6pm - 9pm Eclectea

Cnr 15 Gladstone St & 2 Queens Parade Brighton Tickets: FREE

Food and drinks available to purchase throughout the night. For more details, head to their Facebook page @EclecTea or respond 'Going' through the Facebook Event. Text or call 0416 689 465 Email info@eclectea.com.au

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#### STORY KELLY WALKER



### MERRITT: MOODLE, 2.5 YEARS OLD

Hi! My name's Merritt and I'm the very spoiled only child (canine or otherwise) of my proud parents, Katherine and Ronan.

I love Ziwi treats from Pets of Sandgate and spend hours burning off the extra calories by playing fetch and impressing any and all spectators with my ability to catch the ball mid-air. If I'm not playing with my toys, I try to convince my humans to take me down to the foreshore to zoom around at low tide. I am quite a social little guy and love getting out to visit all of the other people and pups in the neighbourhood as often as I can particularly one very special 11 year old who lives down the street.

### MARLEY: MALTESE SHIH TZU, 9 YEARS OLD



Marley

Hil I'm Marley, also known as Mall Cop Marley. I like to be in the know of all that's going on in the neighbourhood and will often saunter up and down the block keeping my good eye on everything and everyone. I'm not

sure what they'd do without me! I may be small in stature, but all of the other dogs on my street know who's boss. I like to keep everyone in line when the other pups get a little bit over excited or start playing too rough. When my duties for the day are done, I like to curl up with my humans whenever I have the chance. Mum is my favourite of course, but I'm happy to snuggle up with anyone else available - or if anyone needs a little cuddle if they're feeling unwell.

### **POLICE** BEAT

# NEW YOUTH PROGRAM TO COMMENCE AT ZILLMERE PCYC

### STORY SNR CONSTABLE KIM RICHTER

he Zillmere PCYC, in partnership with Made Concepts Pty, are excited to commence a new youth program titled 'Taking it to the Streets.

The program commenced on Thursday March 16 and has been very successful so far. Running every Thursday from 5pm until 9pm, the program will continue through all of April and until May 5.

There are free buses running hourly from Kittyhawk Drive, Chermside starting from 4.45pm at the Chermside Karen's Diner and dropping off at the Zillmere PCYC.

Entry into PCYC Zillmere is free and great food is provided.

- A variety of activities are on offer, including:
- 3x3 FIBA basketball
- Boxfit
- Learn to DJ
- E-games
- T-shirt printing and street art

'Taking it to the Streets' is a great initiative so tell your family and friends, and come along for a great time.

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# MEET THE CAPTAINS



Mary MacKillop College is proud to introduce to you our 2023 School Leaders! Maddie Dickie and Neeve Sutton

As the 2023 Mary MacKillop College Captains it is our goal to foster connections and unity within our College. This year we are guided by the theme of unity, and we recognise the many ways we can join together to strive for a common goal, ultimately aiming to reach our potential.



nar NOMEN

Mary MacKillop College 60 Bage Street, Nundah 4012 Phone 3266 2100



Captain



STEPH MCNAMARA HARRIS MARTENS Captain

**Steph McNamara:** Steph is passionate about building an inclusive community within the school and hopes to achieve that through various school events. Harris Martens: As a proud Gunggandji man, Harris is ardent in representing his people of Yarrabah, and is an aspiring lawyer.

Sandgate District State High School 41 Braun Street, Deagon Old 4017 Phone 07 3869 9888 Open Day Tuesday 23rd May 2023





**ALEXA SALAMON** Captain



**HEATH TAPPING** Captain

At Southern Cross Catholic College services to the community is a core part of our DNA. This year our wish is to not only serve our college but also the wider community, we do this through promoting the Lasallian core values.

**Southern Cross Catholic College** 307 Scarborough Road, Scarborough Qld Phone 07 3480 3600





St John Fisher College is proud to introduce to you our 2023 School Leaders! (Left to right) Prabh Kaur (Vice Captain) and Charlotte Polinski (Captain)

School Captains are gifted the privilege of a platform to encourage the greater student community to work towards a common goal. We want to continue to support St John Fisher College's sense of togetherness for others to live, love and learn. At St John Fisher College, we believe that kindness is key and, by modelling this as leaders, we hope to create a relationship of trust and compassion with the student body. All within our school community know that kindness is never wasted; all it takes is one small act to change someone's life.

St John Fisher College John Fisher Drive, Bracken Ridge QLD 4017 Enrolments 07 3631 0810







All students are encouraged to demonstrate leadership at St Kieran's Primary School. We congratulate all our Year 6 senior students for 2023, who, through our Leadership Ministries, will lead our school. We are proud to introduce our School Captain for 2023 Janko Booyse and our Vice Captain Annabelle Graham.

(Left to right) Annabelle Graham (Vice Captain) and Janko Booyse (Captain)

**St Kieran's Primary School** 15 Greenwood Street Brighton Qld 4017 Phone 07 3269 5989





(Left to right) Student Ambassadors, Katie Gorski, Seth Simmons-Brock, Noah Scott and Samantha McDougall

As 2023's student leaders, we accept our mission to further unite the Trade College community. We commit to supporting our peers to achieve their individual academic, personal and career goals. Every opportunity to 'Nail the Connection' through Courage, Engagement and Gratitude.

#### Australian Trade College North Brisbane 294 Scarborough Road,

Scarborough, QLD 4020 Phone 07 3880 4331





(Left to right) Samuel Condon (Captain) Matthew Crough (Vice Captain) and Joseph Graham (Vice Captain)



Our senior motto for 2023 is Courage in Conviction - What we stand for, is who we are. It takes courage to lead and courage to stand up for what you believe it. Our senior motto reflects these values. As a senior cohort we will work with our College community to impact positive change, and be an upstander not a bystander.

COURAGE IN CONVICTION Costa Boun Costano



St Patrick's College 60 Park Parade. Shorncliffe Phone 07 3631 9000

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Drink Responsibly

# READY TO MOVE? THERE'S NO DOUBT ABOUT IT

#### STORY EMMA HARLEY

Been craving a touch of '90s punk rock? Sandgate's Full Moon Hotel has the Hella Good tunes to fit your groove when band Captain Thunderbolt pays tribute to US legends No Doubt on Sunday, April 30.

Lead singer Tara Graham and guitarist Travis Hair said they were looking forward to bringing the band back to rock the Full Moon.

"It's great to play at a venue that is properly set up for an audience to receive great live music, not tucked away in the corner," Tara said. "And the Bayside locals definitely love a singalong!

"The show's success lies in the fact that No Doubt and Gwen Stefani's songs are a funky mix of rock and dance, with plenty of singing along as the audience can expect to know all the songs."

Born out of the 2020 COVID lockdowns, the talented group took their collective energy, attitude and style and morphed into the glittering rock and pop show they have today.

"No Doubt was a very high energy, tight, fun rock band - which is essentially us, even on our nights off," Travis said.

"Pumping bass, riffing guitars, kicking kick drum and plenty of sweat.

"The band is also extremely visually entertaining, which fortunately couples perfectly with the faithful sonic reproduction of the music.

"None of our other tribute shows are as fun and unique as the No Doubt About Gwen performance. It is both challenging and fun to adopt the band's persona on stage - Gwen was a real trendsetter in a lot of ways, and seeing the audience appreciate her music really brings the vibe up."

Full Moon Hotel marketing spokesperson Kristiarn Navarro said the high energy Captain Thunderbolt delivered a performance that packed a punch, and packs the dance floor.

"The Full Moon Hotel loves putting on a show for its patrons and this one is on a long weekend," she said.

"The Team behind Captain Thunderbolt are seasoned professionals and deliver a vibe that is modern, yet timeless - because good music never goes out of style."

For more details on the show head to Captain Thunderbolt's Facebook page.

No Doubt About Gwen Sunday April 30, 2pm The Full Moon Hotel 118 Eagle Terrace, Sandgate

### THE FULL MOON HOTEL PRESENTS EASTER LONG WEEKEND





### LIVE BAND KARAOKE ON STAGE Unleash your inner rockstar from 7:30pm

### FREE ENTRY // THURSDAY 6TH APRIL

Thursday 6th

Good Friday

Saturday 8th

Sunday 9th

Monday 10th

ANZAC DAY

Rockaoke Closed

Bam Duo 8PM

Nik Phillips 2PM

**Lochie Matthews IPM** 

# 25<sup>th</sup>

1pm Scott Browne (From Midnight Groove) Open for Lunch & Dinner

# Trechouse

A place where the kids

# Ro Poubt Schen

**30**th SUNDAY FREE ENTRY Gwen Stefani Tribute band LIVE on stage from 2PM

Friday 28

Saturday 29

Sunday 30

The Do Dahs Duo 8PM

Beaver Duo 8PM

No Doubt about Gwen Tribute 2PM

Monday 1

**Chris Connelley Solo 1PM** 



Staying for lunch or dinner? Bookings highly recommended! Just in for a drink and to watch the band? No booking required!



Sandgate patriotic carnival, New Year's Day, 1918

### **HISTORY** SANDGATE

# A loyal little township

#### STORY PATTIE TANCRED

There is no more patriotic centre than Sandgate by the sea", so opined a writer in The National Leader in January, 1918, reporting on the "big patriotic show" put on by the "loyal little township" in support of the war effort.

This event was the culmination of several other Sandgate fund-raising endeavours which had included a moonlight concert, with music provided, patriotically enough, by the Fraser's Camp (at Enoggera Army Barracks) Band, and, on New Year's Eve, a "merry party of masqueraders" serenading residents of Sandgate from a decorated lorry. The following day, the patriotic carnival itself began at Moora Park with a procession of bands, decorated cars and bagpipes and culminated at the Deagon racecourse with ring events and sideshows, all proceeds to go towards the Red Cross, the Sandgate Men's Auxiliary and the Repatriation Fund.

Occasions like this, and other activities to back the war effort, took place right from the earliest days of the First World War. If the citizens of Sandgate themselves could not go to the front, the least they could do would be to raise money and donate goods on behalf of their soldiers and nurses abroad.

Numerous causes required the support and enthusiasm of those at home. There was the Nurses' Equipment Fund, which attracted many monetary donations, including one from "RSL of Sandgate", who, in November, 1914, sent £1 with the exhortation: "The girls have been very good to our boys; now, boys, be good to our girls!" Another worthy recipient of assistance was the Belgian Relief Fund, in aid of which the Sandgate Red Cross arranged a well-patronised concert in the Town Hall in March, 1915.

Throughout the war, the people of Sandgate and surrounding districts worked tirelessly to raise substantial sums for the war effort by generously organising, taking part in and attending these and many similar events – fetes, jumble sales, tennis parties – but money was not the only object. All manner of "comforts" were collected for the troops, such as the parcel of books donated by R Small, of Friday Street, Sandgate, and the "36 pipes, one box of tobacco, six bundles of pipe cleaners [and] one dozen smelling salts" sent to the troops by Miss Hanna of Eagle Terrace.

The local men who went to war are rightly commemorated by the Sandgate War Memorial and elsewhere but let's take a quiet moment to remember and celebrate those – the ladies auxiliaries, the school children, the clubs - who worked so diligently on their behalf at home.

[With thanks to the Sandgate Historical Museum (opening hours: Sunday and Wednesday, 10am to 3pm). Photograph: John Oxley Library, State Library of Old, Image No 702692-19180112-s0027]



### **COUNTRY** KITCHEN

# CHOCOLATE FUDGE CAKE

## **INGREDIENTS:**

1 & 2/3 cups plain flour 1 & 1⁄2 cups sugar 2/3 cup cocoa 1 & 1⁄2 teaspoon Bi-carb soda 1 teaspoon salt 1 & 1⁄2 cups buttermilk (see note 1) 1⁄4 cup Safflower or neutral oil 56 grams butter, softened 2 eggs 1 teaspoon vanilla

### **METHOD:**

Grease and line 2 x 18cm square cake tins. Heat the oven to 180 deg.

Measure all ingredients into the large bowl of an electric mixer. Beat on low speed for 30 seconds to incorporate all the ingredients then beat for a further 3 minutes on high speed.

Pour the mixture into the prepared tins and bake for 35-40 minutes or until the cake starts to shrink slightly from the sides of the cake tin.

Note 1: If you don't have buttermilk - substitute by using

1 tablespoon vinegar plus enough milk to make 1 & ½ cups

### We recipes. The lovely and talented women at the Sandgate QCWA will be contributing one of their amazing recipes each month to tempt your taste buds!

Lynette has shared this wonderful recipe just in time for Easter!

"This Chocolate Fudge cake recipe has been a family favourite since I was a child and now I make it for my own grand-children. It's a very quick and easy cake, with a nice chocolatey, fudgey taste and texture - a firm favourite. Butter icing filling or topping works well or just a sprinkling of icing sugar to make life easy!"



The Sandgate branch of the QCWA meets on the third Wednesday of each month at the Sandgate Bowls Club; and they have a casual craft day on the first Wednesday of each month at the RSL sub-branch hall in Burnett Lane. Anyone interested in joining can email sandgateqcwa@ amail.com

APRIL 2023

# AUSTRALIAN TRADECOLLEGE



# Year 10 Cadet Program Mid-Year Entry

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- Construction
- Information Technology
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- Electrotechnology
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- Metal Engineering
- Plumbing
- Health Services
- Early Years Education

### New Courses for 2023

- Early Years Education
- Health Services
- Information Technology



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3880 4331

# Scan to register!



Information Event & Campus Tour Tuesday 16th of May, 6:00pm

### **BRAMBLE** BITES

### BY BROOKE JACOBSON Young muso's ready to jam

Musicians aged 12 to 25 are invited to attend Brackets each month at SANDBAG; an opportunity to connect, to create and to perform, with three concerts already booked in Sandgate in 2023.

Young people living in this district access around 20 different colleges and high schools, barely interacting with each other, so Brackets is a place for these talented young creatives to meet and hang out.

Brackets will be a space to meet on the first Sunday of each month (except October which will be held 2pm to 4pm on the 8th) from 3pm-5pm.

Meet, collaborate, and make music. For more information, search Facebook for: Brackets

### On your bike

Construction is well underway to build a new bike enclosure at Sandgate train station.

The enclosure has room for up to 32 bikes meaning more locals can leave their cars at home and ride to Sandgate station and then catch the train into the city, complementing the bike friendly nature of surrounding seaside suburbs.

The personal lockers are being decommissioned due to safety reasons, but this means additional secure bike storage is able to be added.

State MP for Sandgate, Stirling Hinchliffe, said the project was part of the \$1.3 million Queensland Rail Bike Accommodation at Stations program. "It's a win for locals who want active transport alternatives to driving," he said.

### **Roosters' markets**

With footy season officially kicking off, the car boot sales at Brighton Roosters have finished for now. The club posted on its Facebook page, thanking the community for supporting the market.

"The concept was to help our junior footy club throughout the toughest part of the year, and

you did not let us down," the post said.

"It's footy season again now, therefore our markets are over and it's hoped that we can have the markets return again in August.

"We hope that the markets provided a little bit of sunshine for our community and for those who visited we hope you found yourself a little bit of treasure."

### **Ramble on Bramble**

Laurie Jeays popular Ramble on Bramble will be held on Thursday, April 27.

Numbers are limited, so bookings are essential. Learn about what makes this area naturally beautiful and unique. Children must be accompanied by a parent or carer; please wear sturdy shoes that can get wet. To book your place, call 0410 327 095.

### Time for tea

Take a break from the hustle and bustle of the Bluewater Festival on Good Friday with tea at the Sandgate Museum.

The Museum will be open from 9.30am to 12.30pm on Friday, April 7 for Devonshire Tea for the bargain price of \$10. You can find the Museum at 150 Rainbow Street, Sandgate.

### **Play time fun**

Sandgate playgroup has reopened! Come along for a play and chat at the Girl Guides Hut, Burnett St, Sandgate during school term on Thursdays from 10am - 12 noon. There is a large, shady, fully fenced playground with an obstacle course, water and sand play, ride-on toys, painting, hall for all weather play and more.

BYO travel mug for all you can drink tea and coffee. Please bring a hat, spare clothes, water bottle and small snack for your child. No cover charge. All are welcome.

# Would you like to contribute to Bramble Bites?

Is there something you're talking about on social media, at the school gate, or the local café? Email Brooke to be included in the next edition of Bramble Bites: admin@3bmedia.com.au



The Bay Café is the only café situated directly on the waterfront in Sandgate. Our expert chef's present a mouth-watering breakfast menu which then morphs into a classic fish and chip style menu from 11.00am which reflects Australia's love affair with eating fish and chips by the water.

We are constantly congratulated about our coffee and the friendliness of our staff. Come and pay us a visit yourself and see what all the fuss has been about.

Whether your passion is drinking great coffee or eating superb food, come and do it amongst the serenity on Sandgate's foreshore.

### M: 0477 609 479

Hours: Mon-Thu: 6am-3pm; Fri: 6am-6pm Sat: 6am-6pm; Sun: 8am-6pm



### The Bay Cafe

Located ocean side of the Sandgate Aquatic Centre 231 Flinders Parade, SANDGATE



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### ACROSS

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### DOWN

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- 2 Restorer
- 3 Twelve months
- 4 Grouchy 5 Resentful
- 6 Star sign after Taurus
- 7 Sat
- 8 Decision
- 9 South American country
- 10 Afters
- 16 Contusion
- 18 Beer
- 19 Rose genus
- 23 Accident 24 Utter
- 27 Topped up 28 European language 29 Pungent condiment 32 Junctions 33 Vipers 35 Tyrant 37 Fish 38 Rumour 39 Pretend 42 Itchy skin problem 43 Agriculturist 45 Subject 48 Top edge

**Solution Page 90** 

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# Viroga Yoga classes return

ogis in the Bayside area will be glad to hear that classes at Viroga Yoga Studio will be returning on the 15th of April.

Viroga Yoga Studio first opened its doors in 2005 and quickly became a beloved yoga studio and genuine place of calm and tranquility for the local community.

Owner and principal yoga teacher Renee Jones recently took a sabbatical and temporarily paused classes to enable the travel journey that she and her husband had always dreamed of taking.

Nine months and many stamps on the passport later Renee is excited about resuming classes at Viroga.

"We opened the yoga studio with the aim of sharing a little health, harmony and happiness with the 4017 community. During our almost 18 years in business we have connected with so many amazing people in this beautiful area and feel truly lucky to be here." Renee said.

Viroga Yoga Studio is an iconic venue that feels like a retreat in Bali that is totally unique and special to the area. It offers a range of yoga classes designed to help you stretch, breath, relax and restore your balance.

For class details you can visit www.viroga.com.au Classes resume on 15 April Viroga Yoga Studio 40 Seaview St Brighton

# Hendo's Run Club: Exercise everyone can enjoy

STORY ALYSSA MACKAY

local bar has started a new, inclusive run club aimed at people wanting to balance exercise with a beverage.

Mr Henderson is inviting members of the community to join them on the second and fourth Wednesday of each month for a 30-40 minute run or walk, finishing with a drink at the bar.

Co-owner Claire Hamlyn said the idea for Hendo's Run Club came about because three of the four owners have recently become runners, while another is a long-time runner.

"We want to create the opportunity for people to get out and about, connect socially, maybe even meet new people; and do something that's also good for their health," Claire said.

"Run clubs and many other clubs give people the opportunity to leave the house, be in the company of others, feel safe and included and the Hendo's Run Club comes with the benefit of a bar at the end to hang out at if you feel like it."

The run club will rotate through different, well-lit courses each week, including along the waterfront and around Dowse Lagoon.

Participants meet in the backyard of Mr Henderson at 5:45pm for a briefing and stretches before setting out.

Water and alcohol-free options are available for those who don't drink alcohol.

For more information go to MrHenderson on Facebook.

Hendo's Run Club Mr Henderson, 5:45pm 69 Brighton Road, Sandgate.



# **Prep Enrolments Open!**

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## BEYOND SANDGATE

# BREAKING WORLD RECORDS AT DALBY SHOW

### STORY ALYSSA MACKAY

eople from all around Queensland are gearing up to witness a world record at the Dalby and District Show this month.

At last year's show, the Dalby Show Society and Pioneer Park achieved the world record for Most Number of Vintage Stationary Engines Running Simultaneously at One Location, with 353 engines running continuously for ten minutes.

Engine owners' promotor Darren Grey said this year they were aiming for at least 500 engines.

"It will be a spectacular sight, that's for sure," Darren said. "The motors need to be ones that do the work while stationary – engines that will be pumping water, milking machines, power generation, wells, deep bores, pump jacks. The engines will range from the 1900s through to the 1980s and you will see a very large variety of different types of engines."

The record-breaking attempt will begin at 2pm on Saturday, 15 April. Darren promised it would be very noisy.

"Take a mower, multiply that by 500 times and you've got the basic idea," he said.

Dalby and District Show Society treasurer Rob Parsons said the show, which turns 153 this year, attracted about 6000 people over the two-day event.

"There are all kinds of entertainment by way of a Saturday night rodeo, fireworks on both nights and of course the bar is open both nights," Rob said.

There will also be art exhibitions, trade displays, fashion parades, a photography display, cattle judging, horse events, sheepdog trials, farm animals, free kids activities and sideshow alley.

Ten-time Golden Guitar winner, Lyn Bowtell will perform live on stage on Saturday night.

"Probably the best thing about the show is seeing how the general public appreciate our efforts and the camaraderie with everyone," Rob said. "I know a lot of farmers use it for catchup time and we all get to have a great time together."

Children under the age of 14 can get into the show for free, thanks to a \$10,000 donation from local business the Myall Youth Community Networking Centre (MYCNC).

"Otherwise you pay \$10 at the gate or \$20 for membership to come and go as often as you like," Rob said. "Doesn't that sound like everyone should come and enjoy themselves?"

To see the full schedule go to dalbydistrictshow.com or follow Dalby & District Show Society on Facebook.

Dalby and District Show 2023 Friday, 14 and Saturday, 15 April Dalby Showgrounds, Nicholson Street, Dalby



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Lower Moora Park, Moora Park, Shorncliffe Artisan Coffee & Gelato Bar 0450 771 884

### **COCOA BISCOTTI**

Feature: Cocoa Biscotti is a vintage artisan coffee and gelato bar located at the historic Shorncliffe Pier. We serve exclusive di Manfredi coffee and Maleny gelato alongside a selection of pastries, biscotti and sandwiches.

Follow us on fb Cocoa Biscotti Coffee & Gelato insta\_cocoa\_biscotti\_for more info.



### 2 Queens Parade, Brighton Wine Bar 0416 689 465

## ECLECTEA

Feature: Expect the unexpected: everything has a story. Fresh seasonal menu, small wineries and craft breweries. Cosy, bayside atmosphere.

Opening Hours: Thurs 3-7pm, Fri – 3-9pm, Sat/Sun 1-9pm



### 196 Flinders Pde, Sandgate (opposite pool) Seafood, Burgers & Beers

3269 6903

## FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.



8 Queens Parade, Brighton Coffee Shop 0430 753 768

### **MOMENT BISCUITS**

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



### SANDGATE | BRIGHTON | DEAGON SHORNCLIFFE | BRACKEN RIDGE





1 Loudon Street, Sandgate (across from the town hall) Breakfast, Lunch and Coffee 3269 1629

### **MYRTLE & BLOSSOM**

Feature: Discover Sandgate's inspired new approach to casual eating. We're here to share the iov of real food and fresh local creations. Think deliciousness, delight and sustainability.

Open: Tuesday to Sunday 7.30am - 2.30pm



154 Barrett St, Bracken Ridge **Bracken Ridge Tavern** Steak & Rib House 3269 7011

### **PANAMA JACK'S STEAK & RIB HOUSE**

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Open 7 days from 11:30am until late. www.thebrt.com

6 Park Parade, Shorncliffe Modern Australian & Mediterranean 0447 265 852



Sinbad St, Shorncliffe **Bar Restaurant Functions** 3269 4588

### **PREECE'S ON THE PARK**

Preece's Feature: We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

> Serving fresh Merlo coffee all day with all home made treats, a massive selection of gluten free cakes too. And not to forget, we have the BEST vanilla slice.

### QUEENSLAND **CRUISING YACHT CLUB**

Feature: Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. www.gcyc.com.au All public very welcome!







1 Bowser Parade, Sandgate Modern Australian 1800 244 882

### SANDGATE POST OFFICE HOTEL

Feature: Originally built in 1887 as the third post office in Queensland, the iconic Sandgate Post Office has a new lease on life. Stylish and quintessentially Sandgate, it is a destination venue with an elegant gastro-pub restaurant 'The Dining Room', a vibrant Main Bar, a whiskey vault and alfresco dining. Five function spaces. Live music every weekend. 11am - late, Sun - Thurs and 10am - late, Fri - Sat





50 Keogh Street, Sandgate Casual Dining 3609 2001

### THE SANDS SOCIAL RESTAURANT & CAFE

Feature: Looking for lunch or dinner with family and friends? Visit the newest restaurant in Sandgate, located at The Sands Social. Enjoy classic club style food as well as freshly made pastas and pizzas. Café is open all day from 10am. Members discounts available. Bookings are recommended.





227 Rainbow St, Shorncliffe Specialty Coffee House 0413 849 814



### Bracken Ridge Plaza, 250 Telegraph Road Casual Dining 3261 6102 - Open 7 days

### THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.

## THREE WISE MONKEYS CAFÉ

Feature: Three Wise Monkeys Cafe is a local family owned Cafe serving fresh and flavourful meals and Brisbane's favourite Campos coffee.

Come visit us for our delicious, affordable meals and Northside's original bubble teas.Current weekday Breakfast Special: \$10 Bacon & eggs w baked beans or hashbrown.



### SANDGATE | BRIGHTON | DEAGON SHORNCLIFFE | BRACKEN RIDGE



227 Rainbow St, Sandgate Café 0413 940 277

### THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight.

Wednesday – Sunday, 7am – 1:30pm, closed Mondays and Tuesdays.



# APRIL **What's On.**

### O1 SATURDAY

MUSIC **SATURDAY ARVO SESH W MAK & FRIENDS** EclecTea 5pm

MUSIC **LIVE MUSIC WITH HIGHS & LOWS** Sandgate Post Office Hotel 5:30pm

MUSIC **SWOON ITALIA SANDAGTE 2023** Sandgate Town Hall 7:30pm

STAR **SWOON ITALIA** Sandgate Town Hall 7:30pm

MUSIC **BLACK 'N' RED AT THE SANDS SOCIAL** The Sands Social 8pm

MUSIC **THE DO DAHS DUO** Full Moon Hotel 8pm

### 02 sunday

THUMBTACK **MAKERS & SHAKERS- STITCHER'S SOCIAL** EclecTea 1pm - 3pm Makers & Shakers is an afternoon of craft with like-minded people of all ages and abilities. BYO equipment: needles, hooks, hoops, wool and yarn. Huge selection of craft beer, spirits, wine, cocktails and nibbles available.Live music all afternoon!

MUSIC MATT DICKERSON AT THE SANDS SOCIAL The Sands Social 1:30pm

MUSIC **BEAVER DUO** Full Moon Hotel 2pm

MUSIC SUNDAY SOUNDS - JULIAN JONES QCYC 2pm

MUSIC SUNDAY JAZZ @ THE POSTIE Sandgate Post Office Hotel 2:30pm











**TUNES ON THE TURF - OPEN MIC** EclecTea 3pm

**ROB SZAKALY** Bluenose Betty 3pm FULL MOON HOTEL TRIVIA THURSDAY Full Moon Hotel 7pm Free to Play!

**ROCK-A-OKE AT THE FULL MOON!** Full Moon Hotel 7:30pm

### **O4** TUESDAY

**TRIVIA TUESDAYS 2023** The Sands Social 7pm

**FULL MOON HOTEL MUSICAL BINGO** Full Moon Hotel 7pm

O6 THURSDAY FULL MOON Rise Time: 5.47pm



**CHRIS BENT AT THE SANDS SOCIAL** The Sands Social 11:30am

**EASTER ART SHOW** St Patricks College, Pier Ave, 6:30pm

BOOKS ANON. BOOK CLUB EclecTea 7pm - 8:30pm First Thursday of every month: Details on Facebook https://www.facebook. com/events/165425998743196/

### **O7** FRIDAY

**EASTER ART SHOW** St Patricks College, Pier Ave, 9am

**BLUEWATER FESTIVAL** Moora Park 10am

**75TH B2G YACHT RACE 2023** Shorncliffe pier 11am

**LIVE MUSIC WITH PHIL WEST** Sandgate Post Office Hotel 5:30pm

### **O8** SATURDAY

**EASTER ART SHOW** St Patricks College, Pier Ave, 9am

**LIVE MUSIC WITH MISMO TEMPO** Sandgate Post Office Hotel 5:30pm





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**FREE AGENTS** Phoenix Bar & Lounge 8pm

**BAM DUO** Full Moon Hotel 8pm

**THE UPSIDE AT THE SANDS SOCIAL** The Sands Social 8pm

### **O9** SUNDAY

**BRETT WHITMORE AT THE SANDS SOCIAL** The Sands Social 1:30pm

NIK PHILLIPS Full Moon Hotel 2pm

SUNDAY JAZZ @ THE POSTIE Sandgate Post Office Hotel 2:30pm

**GRAHAM MOES** Bluenose Betty 3pm

### **11** TUESDAY

TRIVIA TUESDAYS 2023 The Sands Social 7pm

FULL MOON HOTEL MUSICAL BINGO Full Moon Hotel 7pm Free to Play!

### **13** THURSDAY

**DAVE GRAY AT THE SANDS SOCIAL** The Sands Social 11:30am

FULL MOON HOTEL TRIVIA THURSDAY Full Moon Hotel 7pm Free to Play!

### **14** FRIDAY

**STEEL SET EXHIBITION** Artrageous 2pm **OASIS MAK** EclecTea 4pm

**LIVE MUSIC WITH RUSSELL HUNG** Sandgate Post Office Hotel 5:30pm

SINGLES MINGLES Eclectea 6pm

**STEVENSON STREET AT SANDS SOCIAL** The Sands Social 8pm

JACK SWEENEY Phoenix Bar & Lounge 8pm

BEAVER DUO Full Moon Hotel 8pm

### **15** SATURDAY

HOLLOW WOOD EclecTea 5pm

**LIVE MUSIC WITH THE WET FISH** Sandgate Post Office Hotel 5:30pm

MIDNIGHT GROOVE DUO Full Moon Hotel 8pm

VIC KENA DUO Phoenix Bar & Lounge 8pm

### **16** SUNDAY

NATHAN WILLIAMS AT THE SANDS SOCIAL The Sands Social 11:30am



APRIL 2023



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#### **DANIEL STONEMAN DUO** Full Moon Hotel 2pm

SUNDAY SOUNDS - ASLEEP AT THE REEL QCYC 2pm

SUNDAY JAZZ @ THE POSTIE Sandgate Post Office Hotel 2:30pm

**TUNES ON THE TURF - OPEN MIC** EclecTea 3pm

EDEN HELMER Bluenose Betty 3pm

### **18** TUESDAY

TRIVIA TUESDAYS 2023 The Sands Social 7pm

FULL MOON HOTEL MUSICAL BINGO Full Moon Hotel 7pm Free to Play!

### 20 THURSDAY

**CATHY DRUMMOND AT SANDS SOCIAL** The Sands Social 11:30am

**PREPPING YOUR POOCH FOR PUB(LICK!)** EclecTea 6pm - 7:30pm

FULL MOON HOTEL TRIVIA THURSDAY Full Moon Hotel 7pm Free to Play!

**TRACY VAUGHAN DUO AT SANDS SOCIAL** The Sands Social 8pm



### **21** FRIDAY

**OASIS MAK** EclecTea 4pm

LIVE MUSIC WITH TOM AND KATE Sandgate Post Office Hotel 5:30pm

**LOCHIE MATTHEWS DUO** Full Moon Hotel 8pm

**SHANE WILKINSON** Phoenix Bar & Lounge 8pm

### 22 saturday

**ROBBIE MCGOWAN** EclecTea 5pm

**LIVE MUSIC WITH MISMO TEMPO** Sandgate Post Office Hotel 5:30pm

**GUITAR BROTHERS** Phoenix Bar & Lounge 8pm

NIK PHILLIPS Full Moon Hotel 8pm

JAMBLING DUO AT THE SANDS SOCIAL The Sands Social 9pm

### ${f 23}$ sunday

**CHRIS FRANC AT THE SANDS SOCIAL** The Sands Social 1:30pm

**TUNE IN, TURN ON, DROP OUT** QCYC 2pm

MIDNIGHT GROOVE DUO Full Moon Hotel 2pm

SUNDAY JAZZ @ THE POSTIE Sandgate Post Office Hotel 2:30pm

**TUNES ON THE TURF - OPEN MIC** EclecTea 3pm







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OPEN DAY



### $\mathbf{25}$ tuesday

TRIVIA TUESDAYS 2023 The Sands Social 7pm

### $\mathbf{27}$ Thursday

**DAVE CLAYTON AT SANDS SOCIAL** The Sands Social 11:30am

### UKULELE MEET-UP

EclecTea 6pm - 8pm



FULL MOON HOTEL TRIVIA THURSDAY Full Moon Hotel 7pm Free to Play!

### $\mathbf{28}$ friday

**OASIS MAK** EclecTea 4pm

**LIVE MUSIC WITH RUSSELL HUNG** Sandgate Post Office Hotel 5:30pm

**THE DO DAHS** Full Moon Hotel 8pm

**RYAN NAK** Phoenix Bar & Lounge 8pm

**FLOOR BURNERS AT THE SANDS SOCIAL** The Sands Social 8pm

### $\mathbf{29}$ saturday

**LIVE MUSIC WITH HARRY J HART** Sandgate Post Office Hotel 5:30pm

#### THAT 60'S GUY SHOW

Volunteer Marine Rescue (VMR) Shorncliffe 7pm - 10pm Event: That 60's Guy ShowDate: Saturday 29th AprilTime 7.00pm – 10.00pmContact: Karen McGowan 0435 783 751 karen@logosolutions. com.auVenue: Volunteer Marine Rescue Brisbane 95 Allpass Parade Shorncliffe

**TRACE DUO** Full Moon Hotel 8pm

MAX HOORN Phoenix Bar & Lounge 8pm

**CHAMPAGNE JAM ATTHE SANDS SOCIAL** The Sands Social 8pm

### **30** SUNDAY

ALLAN CAMERON ATTHE SANDS SOCIAL The Sands Social 1:30pm



**NO DOUBT ABOUT GWEN TRIBUTE** Full Moon Hotel 2pm

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SUNDAY JAZZ @ THE POSTIE Sandgate Post Office Hotel 2:30pm

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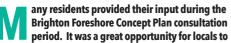
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### A WORD FROM OUR REPRESENTATIVES





WITH CR JARED CASSIDY

get involved and have their voices heard before a plan is created. The feedback will be used to help Council prepare a Draft Concept Plan, which will be released for further community feedback in mid 2023. The final Concept Plan will be released late 2023. After many years of campaigning, I'm very pleased the project is progressing. I'd like to thank

Anika Wells MP and the Federal Government for the \$5 million commitment.

Planning is well underway for the 31st Einbunpin Festival to be held on Sunday 30 July. If you are interested in becoming a stallholder or part of the entertainment lineup, the applications are now available on the Einbunpin Festival website http://www.einbunpinfestival.org.au/

The Brisbane to Gladstone Yacht Race sets sail on Good Friday for the 75th time. This iconic local event runs alongside the Bluewater Festival which is organised by the Sandgate Bayside Chamber of Commerce. Another fabulous Easter event is Sandgate Society's Easter Art Show at St Patrick's College. I'm proud to be sponsoring both the Art Show and Bluewater Festival once again. t is my pleasure to once again sponsor the Sandgate Art Society's (SAS) Easter Show, one of the many fantastic events occurring in Sandgate over the Easter period.



All are welcome to see works of exhibition quality at St Patrick's College's Callan Centre, but don't forget to bring your wallet as many will be up for sale!

WITH STIRLING HINCHLIFFE MP

Opening night takes place on Thursday 6 April from 6:30 pm and the exhibit will open

Friday 7 April and Saturday 8 April from 9:00 am to 5:00 pm. The variety of mediums this show offers will no doubt make for a fantastic exhibition, showcasing talent from Sandgate and further afield.

SAS Art's Easter Art Show also runs in conjunction with both the Brisbane to Gladstone Yacht Race and the Bluewater Festival.

The QCYC is celebrating the Brisbane to Gladstone Yacht Race's 75th year, with the start to be at 11am sharp on Friday 7 April. Enjoy the race start and the rest of the day by the bay at the Bluewater Festival which is set to be filled with delicious food, fantastic entertainment and of course the spectacular fireworks.

If you can, head on down and enjoy the weekend with our community. I hope to see you there!

ith school holidays upon us shortly and hopefully some much needed rest is taken, there is plenty to see and do around Brisbane. Jump onto the Brisbane City



WITH CR SANDY LANDERS

Council website for a list of School Holiday activities www. brisbane.qld.gov.au/whats-onin-brisbane. In addition to our website, be sure to download the Brisbane App from either the App Store or on Google Play to discover the best of what Brisbane has to offer.

Council's Growing Older and Living Dangerously (GOLD)

program has some fantastic activities locally and throughout Brisbane for seniors also. You can

pick up a copy of what's on offer from my office at the Bracken Ridge Library or call on 3667 6000 and we will get a copy to you.

During April, the Lord Mayor's City Hall Concerts are in full swing and are held every Tuesday at 12.00pm (excluding the ANZAC Day Public Holiday). You can view the current list of concerts on my website sandylanders.com.au/lordmayors-city-hall-concerts-2023/. Don't forget that free off-peak travel is provided on Brisbane City Council buses for Seniors between 8.30am and 3.30pm on weekdays with an eligible TransLink Senior go card and Seniors Card +go.

In preparation for commemorating ANZAC Day on the 25th of April, a full list of services in our local area is available on my website www. sandylanders.com.au S mall and medium businesses on the Northside will benefit from a \$62 million Federal Government grants program designed to help them become more energy efficient, ease pressure on energy bills and reduce emissions.



The Albanese Government has released guidelines for Round 1 of the Energy Efficiency Grants for SMEs program, to help businesses reduce their energy bills.

WITH ANIKA WELLS MP

Grants of between \$10,000 and \$25,000 will be available to small and medium businesses in the electorate of

Lilley, to enable them to take up energy saving measures such as installing tools to monitor energy use, upgrading, or replacing existing air conditioners with high efficiency units or gas heating boilers with heat pumps.

The program will help businesses use less energy and improve their competitiveness, while lowering carbon emissions.

We know that SME are under stress, 36 percent of small businesses report that electricity is one of their biggest overheads, with a further 38 percent saying they were a substantial cost to the business

Applications for the grants will close on 19 April 2023. For more information about the Energy Efficiency Grants for SMEs program and how to apply, visit https://business.gov. au/eegsme

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# CAFE OFFERS NAKED SLICE OF LIFE

### STORY **BROOKE JACOBSON** PHOTO **BRUCE REDMAN**

here are more than just lattes brewing at Café Bohemia in Sandgate - there's also the chance to indulge in a cheeky art class.

The café is offering life drawing classes once a month, and according to owner Sandra Ivanovic, there has been no shortage of interested artists and models.

"We have male and female models, on rotation, and actually we had a long list of volunteers from the community who wanted to be a life model for the classes," Sandra said.

"Lots of people in Sandgate wanted to get their clothes off," she added, laughing, "And we also had a lot of questions from people as to what the models will look like!"

The classes are run by local artist Gabe Buckley and Sandra says no previous artistic experience is necessary to take part.

"Gabe makes the classes a lot of fun," she said.

"We love having Gabe here, his classes are so fun, he has an amazing sense of humour. He doesn't take it too seriously and we don't want people to be worried about the outcome.

"It's not about technique, you don't need experience, just come along, and unlock your

artistic potential.

"We're all about creativity here and you never know, you might just find some skills you didn't know you had."

Sandra added her café had always been about more than just a cosy place to drink coffee and snack on delicious treats.

"Our aim here is always to bring the community together, and support creativity and selfexpression – and we've been that way since the café opened," she said.

"So, we would like to encourage the community to come along and enjoy creating some artwork in a relaxed, cafe atmosphere."

The life drawing classes are for anyone aged 18 and over. All sketching materials are provided, although participants are also welcome to bring their own.

Light meals, snacks and coffee are available from the café during the class, and BYO alcohol is also allowed.

To book your place, search Facebook for Café Bohemia Sandgate. Classes are \$60.

Life drawing classes Tuesday, 11 April, 6.30pm-8.30pm Cafe Bohemia Sandgate 6 Brighton Road, Sandgate.





SANDGATE ART SOCIETY

Proudly brought to you by Sandgate Art Society Inc

6:30pm - 8:30pm

Friday 7th April

Saturday 8th April 9:00am - 4:00pm

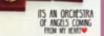
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idgateart.org 1789gmail.com

# Sandgate Easter **Art Show 2023-**





Best of Show, 2022. stra of Anoels', Karon Roberts, 3D



SasArt would like to thank our sponsors of this event, and encourage visitors to support our local partners.

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# APRIL TIDE TIMES

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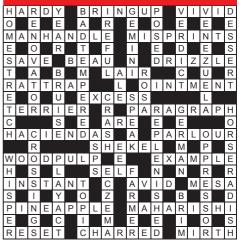
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